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| **Date** | **Notes** | **Special event** | | **Location** | | | **Time / Distance** | | | **Point Score Number** | |
| Saturday 3rd May |  |  | | Lennox Gardens | | | Long: 12.00 pm 7k on 1k course Fitness Walkers can do 7k lap of lake Middle: 12.30 pm 3k on 1k course Short: 12.30 pm 1k on 1k course | | | 1 | |
| Saturday 10th May |  |  | | Yerrabi Pond | | | Long: 12.00 pm 10k on 2k course Middle: 12pm 4km on 2k course Short: 12.30 pm 2k on 1k course | | | 2 | |
| Saturday 17th May |  |  | | Lake Tuggeranong (Scout Hall) | | | Long: 12.00pm 9k on 1.5k course Middle: 12.30pm 6k on 1.5k course Short: 12.30pm 1.5k on 1.5k course | | | 3 | |
| Saturday 24th May |  |  | | Weston Park | | | Long: 12.00pm 10k on 2k course Middle: 12.30pm 5k on 2k and 1k course Short: 12.30pm 1k on 1k course | | | 4 | |
| Saturday 31st May |  |  | | Kaleen | | | Long: 12.00pm 10k on 2k course Middle: 12.30pm 3k on 1k course  Short: 12.30pm 1k on 1k course | | | 5 | |
| SUNDAY 8th June |  | LBG Carnival | | Stromlo | | | As per LBG Carnival program | | |  | |
| Saturday 14th June |  | NO walk LBG recovery | |  | | |  | | |  | |
| Saturday 21st June |  |  | | Diddams Close, Lake Ginninderra | | | Long: 12.00 pm 12k on 2k course Middle: 12.30pm 4k on 2k course Short: 12.30 pm 2k on 1k course | | | 6 | |
| Saturday 28th June |  |  | | Lake Tuggeranong (Scout Hall) | | | Long: 12.00 pm 7k on 1k course Fitness Walkers can do 7k lap of lake Middle: 12.30 pm 3k on 1k course Short: 12.30 pm 1k on 1k course | | | 7 | |
| Saturday 5th July |  |  | | Yerrabi Pond | | | Long: 12.00 pm 10k on 2k course Middle: 12pm 6km on 2k course Short: 12.30 pm 1k on 1k course | | | 8 | |
| Saturday 12th July | School Holidays |  | | Weston Park | | | Long: 12.00pm 12k on 2 k course Middle: 12.30pm 4k on 2k course Short: 12.30pm 2k on 1k course | | | 9 | |
| Weekend 19th and 20th July | School Holidays |  | | NO WALK | | | NO WALK | | |  | |
| Saturday 26th July |  | "Postal" Challenge - all states do same distances for a virtual interstate competition | | Kaleen | | | 12 pm 10km- Open Men and Women, Masters 35+, U20 Men and Women, 12 pm 8km- U18 Men and Women 12.30 pm 5km- U16 Men and Women 12.30 pm 3km- U14 Men and Women 12.30 pm 2km- U12 Men and Women 12.30 pm 1.5km U10 Men and Women | | | Non point score | |
| Saturday 2nd August | note entries for capital athletics members will be via their website TO BE CONFIRMED | Capital Athletics Championships - | | Stromlo | | | 12 noon Open 20km 12 noon ACT Race and Fitness Club and ACT Masters- Masters 20km 12 noon- ACT Race and Fitness Club Fitness 20km 1pm- U20 10km 1:00pm- U18 8km 1:30pm- U16 5km 1pm- U14 3km 1pm- U12 2km 1pm- U10 1km | | | Non Point Score | |
| Saturday 9th August |  |  | | Diddams Close, Lake Ginninderra | | | Long: 12.00pm 10k on 2 k course Middle: 12.00pm 5k on 2k and 1k course Short: 12.30 pm 2k on 1k course | | | 10 | |
| Saturday 16th August |  |  | | Weston Park | | | Long: 12.00pm 8k on 2k course Middle: 12.30pm 4k on 2k course Short: 12.30pm 1k on 1k course | | | 11 | |
| Sunday 24th August | No club walk this weekend | Possible Racewalking Winter Championship | | Ballarat | | |  | | |  | |
| Saturday 30th August |  |  | | Lake Tuggeranong (Scout Hall) | | | Long: 12.00 pm 7k on 1k course Fitness Walkers can do 7k lap of lake Middle: 12.30 pm 3k on 1k course Short: 12.30 pm 1k on 1k course | | | 12 | |
| Saturday 6th September |  |  | | Lennox Gardens | | | Long: 12.00pm 9k on 1.5k course Middle: 12.30pm 6k on 1.5k course Short: 12.30pm 1.5k on 1.5k course | | | 13 | |
| Saturday 13th September |  |  | | Diddams Close, Lake Ginninderra | | | Long: 12.00 pm 8k on 2k course Middle: 12:30 pm 4km on 2k course Short: 12.30 pm 2k on 1k course | | | 14 | |
| Saturday 20th September | End of season party and point score awards | ACT Race and Fitness Walking Club Championships | |  | Kaleen | | 12pm Open- 10km on 2km course 12pm Masters- 10km (includes ACT Masters Club Championship) on 2km course 12pm Fitness Walker- 10km on 2km course 12:00pm U20- 8km on 2km course 12pm U18- 6km on 2km course 12pm U16- 5km on 1km course 12.30pm U14- 4km on 1km course 12.30pm U12- 3km on 1km course 12.30pm U10- 2km on 1km course | | | Non point score | |
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| Masters Championships  10km: 13th September in conjunction with club championships  20km: date in August with Capital Athletics TBC  Fitness 10 & 20km Championship in conjunction | | |  |  | | ACT Race and Fitness Walking Club Championships- September 13th  U10 2km, U12 3km, U14 4km, U16 5km, U18 6km, U20 8km, Open 10km, Masters 10km |  |  | Capital Athletics Racewalk Championship -- date TBC  U10 1km, U12 2km, U14 3km, U16 5km, U18 8km, U20 10km, Open 20km | |  | |
| Championship Information: | | |  |  | |  |  |  |  | |  | |
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Note to join the club please go to actwalkingclub.com.au