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| **Date**  | **Notes** | **Special event** | **Location** | **Time / Distance** | **Point Score Number** |
| Saturday 3rd May |  |  | Lennox Gardens | Long: 12.00 pm 7k on 1k courseFitness Walkers can do 7k lap of lakeMiddle: 12.30 pm 3k on 1k courseShort: 12.30 pm 1k on 1k course | 1 |
| Saturday 10th May |  |  | Yerrabi Pond | Long: 12.00 pm 10k on 2k courseMiddle: 12pm 4km on 2k courseShort: 12.30 pm 2k on 1k course | 2 |
| Saturday 17th May |  |  | Lake Tuggeranong (Scout Hall) | Long: 12.00pm 9k on 1.5k courseMiddle: 12.30pm 6k on 1.5k courseShort: 12.30pm 1.5k on 1.5k course | 3 |
| Saturday 24th May |  |  | Weston Park | Long: 12.00pm 10k on 2k courseMiddle: 12.30pm 5k on 2k and 1k courseShort: 12.30pm 1k on 1k course | 4 |
| Saturday 31st May |  |  | Kaleen | Long: 12.00pm 10k on 2k courseMiddle: 12.30pm 3k on 1k course Short: 12.30pm 1k on 1k course | 5 |
| SUNDAY 8th June |  | LBG Carnival | Stromlo | As per LBG Carnival program  |  |
| Saturday 14th June |  | NO walk LBG recovery |  |  |  |
| Saturday 21st June |  |  | Diddams Close, Lake Ginninderra | Long: 12.00 pm 12k on 2k courseMiddle: 12.30pm 4k on 2k courseShort: 12.30 pm 2k on 1k course | 6 |
| Saturday 28th June |  |  | Lake Tuggeranong (Scout Hall) | Long: 12.00 pm 7k on 1k courseFitness Walkers can do 7k lap of lakeMiddle: 12.30 pm 3k on 1k courseShort: 12.30 pm 1k on 1k course | 7 |
| Saturday 5th July |  |  | Yerrabi Pond | Long: 12.00 pm 10k on 2k courseMiddle: 12pm 6km on 2k courseShort: 12.30 pm 1k on 1k course | 8 |
| Saturday 12th July | School Holidays  |  | Weston Park | Long: 12.00pm 12k on 2 k courseMiddle: 12.30pm 4k on 2k courseShort: 12.30pm 2k on 1k course | 9 |
| Weekend 19th and 20th July | School Holidays |  | NO WALK | NO WALK |  |
| Saturday 26th July |  | "Postal" Challenge - all states do same distances for a virtual interstate competition | Kaleen | 12 pm 10km- Open Men and Women, Masters 35+, U20 Men and Women,12 pm 8km- U18 Men and Women12.30 pm 5km- U16 Men and Women12.30 pm 3km- U14 Men and Women12.30 pm 2km- U12 Men and Women12.30 pm 1.5km U10 Men and Women | Non point score |
| Saturday 2nd August | note entries for capital athletics members will be via their website TO BE CONFIRMED | Capital Athletics Championships - | Stromlo | 12 noon Open 20km12 noon ACT Race and Fitness Club and ACT Masters- Masters 20km12 noon- ACT Race and Fitness Club Fitness 20km1pm- U20 10km1:00pm- U18 8km1:30pm- U16 5km1pm- U14 3km1pm- U12 2km1pm- U10 1km | Non Point Score |
| Saturday 9th August |  |  | Diddams Close, Lake Ginninderra | Long: 12.00pm 10k on 2 k courseMiddle: 12.00pm 5k on 2k and 1k courseShort: 12.30 pm 2k on 1k course | 10 |
| Saturday 16th August |  |  | Weston Park | Long: 12.00pm 8k on 2k courseMiddle: 12.30pm 4k on 2k courseShort: 12.30pm 1k on 1k course | 11 |
| Sunday 24th August | No club walk this weekend | Possible Racewalking Winter Championship | Ballarat |  |  |
| Saturday 30th August |  |  | Lake Tuggeranong (Scout Hall) | Long: 12.00 pm 7k on 1k courseFitness Walkers can do 7k lap of lakeMiddle: 12.30 pm 3k on 1k courseShort: 12.30 pm 1k on 1k course | 12 |
| Saturday 6th September |  |  | Lennox Gardens | Long: 12.00pm 9k on 1.5k courseMiddle: 12.30pm 6k on 1.5k courseShort: 12.30pm 1.5k on 1.5k course | 13 |
| Saturday 13th September |  |  | Diddams Close, Lake Ginninderra | Long: 12.00 pm 8k on 2k courseMiddle: 12:30 pm 4km on 2k courseShort: 12.30 pm 2k on 1k course | 14 |
| Saturday 20th September | End of season party and point score awards | ACT Race and Fitness Walking Club Championships |  | Kaleen | 12pm Open- 10km on 2km course12pm Masters- 10km (includes ACT Masters Club Championship) on 2km course12pm Fitness Walker- 10km on 2km course12:00pm U20- 8km on 2km course12pm U18- 6km on 2km course12pm U16- 5km on 1km course12.30pm U14- 4km on 1km course12.30pm U12- 3km on 1km course12.30pm U10- 2km on 1km course | Non point score |
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| Masters Championships10km: 13th September in conjunction with club championships20km: date in August with Capital Athletics TBCFitness 10 & 20km Championship in conjunction |  |  | ACT Race and Fitness Walking Club Championships- September 13th U10 2km, U12 3km, U14 4km, U16 5km, U18 6km, U20 8km, Open 10km, Masters 10km |  |  | Capital Athletics Racewalk Championship -- date TBCU10 1km, U12 2km, U14 3km, U16 5km, U18 8km, U20 10km, Open 20km |  |
| Championship Information: |  |  |  |  |  |  |  |
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Note to join the club please go to actwalkingclub.com.au